

€ TRAINING

Conference on Leading Under Pressure



27 April - 1 May 2025
Cairo (Egypt)



Conference on Leading Under Pressure

REF: C663 DATE: 27 April - 1 May 2025 Venue: Cairo (Egypt) - Fee: 4095 Euro

Introduction:

This conference is designed to equip leaders with the tools and strategies necessary to effectively manage both organizational and personal crises. Through it, participants will learn how to make critical decisions under pressure, maintain resilience, and lead their teams through difficult times with confidence. It empowers them to navigate crises while minimizing disruption and fostering organizational stability.

Conference Objectives:

By the end of this conference, participants will be able to:

- Understand the dynamics of leadership in high-pressure environments.
- Develop crisis management strategies to handle organizational disruptions.
- Build personal resilience to lead effectively during crises.
- Make decisive and informed decisions under stressful conditions.
- Foster a supportive environment to help teams cope with crises.

Targeted Audience:

- Business Leaders and Executives.
- Crisis Management Professionals.
- HR and Organizational Development Leaders.
- Project Managers.
- Senior Managers in high-stress industries.

Conference Outline:

Unit 1:

Leadership in Crisis: Principles and Strategies:

- Understanding the role of leadership during times of crisis.
- Key principles for leading under pressure in challenging situations.

- Building trust and maintaining credibility with stakeholders during crises.
- Strategies for maintaining focus and clarity when making decisions under pressure.
- Developing a leadership mindset for handling ongoing crises.

Unit 2:

Organizational Crisis Management:

- Identifying different types of organizational crises e.g., financial, operational, reputational.
- Developing a comprehensive crisis management plan.
- The role of communication in managing an organizational crisis.
- Techniques for minimizing organizational disruption during crises.
- Post-crisis evaluation and learning from mistakes.
- Importance of collaborating with stakeholders and external agencies in crisis resolution.

Unit 3:

Personal Resilience in Leadership:

- Building personal resilience to handle high-stress situations.
- Techniques for managing stress, anxiety, and burnout during a crisis.
- Maintaining mental clarity and emotional balance when leading through uncertainty.
- Recognizing the signs of leadership fatigue and taking proactive measures.
- Developing self-awareness and emotional intelligence in times of crisis.
- Personal strategies for staying focused and resilient under pressure.

Unit 4:

Decision-Making Under Pressure:

- Key decision-making frameworks for high-pressure situations.
- Prioritizing and evaluating options quickly when faced with critical decisions.
- Managing risks and uncertainties when making tough choices.
- Overcoming decision paralysis and maintaining momentum in a crisis.

- Using data and intelligence to make informed decisions under pressure.
- The importance of reflection and adaptability in decision-making processes.

Unit 5:

Leading and Supporting Teams During a Crisis:

- Fostering a culture of support and collaboration during crises.
- Techniques for maintaining team morale and motivation in challenging times.
- Communicating effectively with teams during high-pressure situations.
- Methods of helping team members manage stress and emotional challenges during crises.
- Building team resilience and fostering collective problem-solving.
- Creating long-term strategies to help teams recover and thrive post-crisis.