

€ TRAINING

Leadership Development for Self Awareness
With skills and Strategies

A group of four smiling business professionals (three men and one woman) are seated at a table in a meeting room. They are all wearing white shirts. The woman in the foreground is wearing a black top and a multi-strand necklace. The background is a bright, modern office environment.

28 October -
1 November 2024
London (UK)



Leadership Development for Self Awareness With skills and Strategies

REF: M723 DATE: 28 October - 1 November 2024 Venue: London (UK) - Fee: 5300 Euro

Introduction:

This training program is designed to help participants develop self-awareness and critical leadership skills, while also offering strategies for effective leadership in dynamic environments. Through it, participants will gain practical tools to enhance decision-making, improve team engagement, and foster a leadership style that promotes growth and innovation.

Program Objectives:

By the end of this program , participants will be able to:

- Recognize the significance of self-awareness in leadership effectiveness.
- Cultivate core leadership skills to drive team success.
- Develop leadership strategies aligned with organizational goals.
- Leverage emotional intelligence to strengthen interpersonal relationships.
- Implement practical strategies for continuous leadership development.

Target Audience:

- Emerging Leaders.
- Middle and Senior Managers.
- Project and Team Leaders.
- HR and Organizational Development Professionals.
- Business Executives.

Program Outline:

Unit 1:

The Role of Self-Awareness in Leadership:

- The importance of self-awareness in personal and professional leadership development.
- Techniques for self-assessment, including 360-degree feedback.

- Identifying strengths and areas for growth.
- Emotional intelligence and its influence on leadership.

Unit 2:

Developing Essential Leadership Skills:

- Communication, decision-making, and problem-solving as core leadership skills.
- Techniques for motivating and engaging teams.
- The importance of integrity and trust in leadership.
- Fostering a collaborative and inclusive environment.

Unit 3:

Emotional Intelligence in Leadership:

- Defining emotional intelligence EQ and its role in effective leadership.
- Building self-awareness, self-regulation, empathy, and social skills.
- Managing emotions under pressure and during difficult conversations.
- Strengthening relationships through emotional intelligence.
- Importance of developing emotional intelligence in leadership.

Unit 4:

Leadership Strategies for Organizational Success:

- Creating a leadership vision that aligns with organizational goals.
- Decision-making frameworks for leaders.
- Leading through change and managing resistance.
- Strategic thinking and planning for leadership success.
- Case study: Effective leadership strategy implementation in a dynamic organization.

Unit 5:

Continuous Leadership Growth and Development:



- Creating a personal leadership development plan.
- Mentorship and coaching for leadership enhancement.
- Sustaining leadership effectiveness through continuous learning.
- Empowering others to lead and building a leadership legacy.