

€ TRAINING

Future Focused Skills





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Introduction:

This training program is designed to equip participants with the essential skills and mindsets needed to thrive in a rapidly evolving world. It equips individuals to navigate future challenges and seize opportunities with confidence and effectiveness.

Program Objectives:

At the end of this program, participants will be able to:

- Understand the key drivers shaping the future landscape.
- Develop critical thinking and problem-solving skills.
- Cultivate adaptability and resilience in the face of change.
- Foster creativity and innovation.
- Enhance strategic foresight and planning abilities.

Targeted Audience:

- Professionals across industries seeking to future-proof their careers and adapt to changing work environments.
- Business leaders and managers interested in fostering a culture of innovation and agility within their organizations.
- Entrepreneurs and startups aiming to stay ahead of the curve and capitalize on emerging opportunities.
- Individuals committed to lifelong learning and personal development to thrive in an increasingly dynamic and uncertain future.

Program Outline:

Unit 1:

Understanding Future Trends and Challenges:

- Exploring emerging trends and disruptions shaping the future of work.
- Identifying key challenges and opportunities in the rapidly evolving global landscape.

- Understanding the impact of technological advancements, automation, and AI on industries and professions.
- Examining demographic shifts, socio-economic changes, and environmental considerations influencing future skills requirements.
- Setting the context for developing future-focused skills to thrive in a dynamic and uncertain world.

Unit 2:

Adaptability and Resilience:

- Cultivating adaptability to navigate change and uncertainty with confidence.
- Building resilience to overcome setbacks and challenges in personal and professional life.
- Learning techniques for embracing ambiguity, managing stress, and maintaining mental well-being.
- Developing a growth mindset and positive attitude towards continuous learning and development.
- Practicing strategies for staying agile and responsive in rapidly changing environments.

Unit 3:

Creativity and Innovation:

- Unlocking creativity to generate new ideas, solutions, and opportunities.
- Understanding the principles of innovation and its role in driving sustainable growth and competitiveness.
- Learning techniques for fostering a culture of creativity and innovation within teams and organizations.
- Practicing brainstorming, ideation, and design thinking methodologies to solve complex problems.
- Encouraging experimentation, risk-taking, and learning from failure to fuel innovation.

Unit 4:

Critical Thinking and Problem-Solving:

- Developing critical thinking skills to analyze information, evaluate evidence, and make informed decisions.
- Enhancing problem-solving abilities to identify root causes, generate alternatives, and implement effective solutions.
- Learning logical reasoning, analytical thinking, and decision-making frameworks for solving complex challenges.
- Practicing scenario planning and risk assessment to anticipate and mitigate potential issues.

- Encouraging collaboration and diverse perspectives to enhance problem-solving effectiveness.

Unit 5:

Digital Literacy and Technological Fluency:

- Building digital literacy to navigate digital tools, platforms, and technologies effectively.
- Enhancing technological fluency to adapt to digital transformations and leverage emerging technologies.
- Learning about cybersecurity, data privacy, and ethical considerations in the digital age.
- Understanding the basics of coding, automation, and digital innovation processes.
- Practicing digital communication, collaboration, and remote work skills for virtual environments.