

# € TRAINING

IOSH Managing Safely





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### Introduction:

This training program is designed to equip managers and supervisors with the essential knowledge and skills to effectively manage health and safety in the workplace. It empowers leaders to promote a culture of safety within their organizations.

### Program Objectives:

At the end of this program, participants will be able to:

- Implement workplace precaution hierarchies.
- Identify the data and techniques required to produce an adequate record of an incident.
- Prepare and use active monitoring checklists.
- Explain the parts of a recognized Safety Management System.
- Implement environmentally friendly systems.
- Understand, assess and control risks, responsibilities.
- Investigate accidents and incidents, measure performance.
- Protect the environment.

### Targeted Audience:

- HSE personnel.
- Office Managers.
- Managers of the production process.
- Engineers in maintenance.
- Team Leaders.
- Supervisors.

### Program Outlines:

Unit 1:

## Introduction:

- Overview of health and safety management.
- Legal responsibilities of employers and employees.
- Importance of creating a safety culture within an organization.
- Understanding common workplace hazards.
- Introduction to risk assessment and control measures.

## Unit 2:

### Assessing Risks:

- Identifying hazards in the workplace.
- Understanding the principles of risk assessment.
- Techniques for evaluating and prioritizing risks.
- Implementing control measures to mitigate risks.
- Monitoring and reviewing risk control measures.

## Unit 3:

### Controlling Risks:

- Overview of different types of control measures e.g., engineering, administrative, PPE.
- Developing and implementing effective control strategies.
- Importance of communication in ensuring the effectiveness of control measures.
- Responding to incidents and emergencies.
- Reviewing and updating control measures as necessary.

## Unit 4:

### Understanding Responsibilities:

- Roles and responsibilities of employers, managers, and employees in maintaining safety.
- Legal requirements for reporting incidents and accidents.
- Importance of effective communication and consultation in health and safety management.

- Strategies for promoting employee involvement and engagement.
- Establishing accountability and performance indicators for health and safety.

## Unit 5:

### Investigating Incidents:

- Overview of incident investigation procedures.
- Importance of conducting thorough investigations.
- Techniques for gathering evidence and interviewing witnesses.
- Analyzing root causes of incidents and identifying contributing factors.
- Developing corrective actions and implementing preventative measures to avoid similar incidents in the future.