

Certified Safety and Health Manager CSHM





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# Introduction:

This training program provides comprehensive instruction on safety and health management principles, regulations, and best practices relevant to various industries. It equips participants with the skills and knowledge necessary to effectively manage safety and health programs in their organizations, ensuring compliance with regulations, promoting a culture of safety, and be prepared for the exam.

# **Program Objectives:**

# At the end of this program, participants will be able to:

- Implement workplace precaution hierarchies.
- Identify the data and techniques required to produce an adequate record of an incident.
- Prepare and use active monitoring checklists.
- Explain the parts of a recognized Safety Management System.
- Implement environmentally friendly systems.
- Understand, assess and control risks and responsibilities.
- Investigate accidents and incidents.
- Measure performance.
- Be prepared for the exam.

# Targeted Audience:

- HSE personnel.
- · Office Managers.
- · Managers of the production process.
- Engineers in maintenance.
- · Team Leaders.
- · Supervisors.



# **Program Outlines:**

#### Unit 1:

# Introduction and Assessing Risks:

- Introduction.
- The importance of managing safety.
- The manager's Responsibilities.
- The risk assessment process.
- · Risk assessment.

#### Unit 2:

# Controlling Risks & Understanding Responsibilities:

- How to Reduce Risks.
- Hierarchy of risk control.
- Responsibilities of Managers.
- · Civil Law & Criminal Law.
- Safety Management Systems.

#### Unit 3:

# Identifying Hazards:

- Common Hazards.
- Identifying the Hazards.
- · Video.
- Physical hazards.
- · Chemical hazards.

# Unit 4:

# Investigating Incidents & accidents:



- The reasons for investigating incidents.
- How accidents occur.
- Causes & consequences.
- Investigations.
- Reports.

# Unit 5:

# Measuring Performance & Environmental Protection:

- Active & Reactive Monitoring.
- Audits.
- Revision.
- · Preparation of Assessment.