

# € TRAINING

Leadership Best Practices for Peak  
Performance





# Leadership Best Practices for Peak Performance

## Introduction:

This training program is meticulously designed to elevate leadership capabilities and drive peak performance within organizations. Participants engage in a comprehensive exploration of proven leadership methodologies, effective communication strategies, and motivational techniques to cultivate the skills and mindset needed to inspire teams, foster innovation, and achieve outstanding results.

## Program Objectives:

At the end of this program, the participants will be able to:

- Explain their leadership capabilities and areas for personal development.
- Determine their role as an effective leader in any organization.
- Describe a change management model for management and the process of planning, communicating, and implementing change.
- Use personal influence and develop political savvy to network and influence people effectively.
- Develop strategies for creating a positive work environment that fosters leadership and a commitment to continuous improvement in others.
- Delegate and Empower employees to maximize results and time management.
- Develop a culture that earns respect through new ideas and innovation.

## Targeted Audience:

- Managers among all managerial levels.
- Supervisors.
- Team Leaders.
- Human Resources Management.
- Employees who aim to get great leadership skills to empower their capabilities.

## Program Outlines:

### Unit 1:

## Leadership and Influence :

- What do they mean?
- Leadership roles.
- Self Appraisal: Leadership Behaviors.
- Leadership from Within.
- Paradigms that Guide Thinking.
- Three Lenses of Leadership.

## Unit 2:

### How a Leader Leads From Within:

- Ways to increase self-knowledge, Self Reflection and self-esteem.
- Understand how you think.
- The character of a leader.
- Creating an environment of leadership.
- Real leaders are emotionally intelligent.
- Guide to your inner leader.
- Balance in mind, body, and spirit.

## Unit 3:

### The Role of a Change Leader:

- Making the change transition.
- Responses to change.
- How to be resilient during change times.
- Environmental change factors.
- Change and leadership paradigms.
- Communicating change.
- The human side of change.

## Unit 4:

### How a Leader Builds Trust:

- What is Trust?
- The benefits of a high trust environment.
- Trust reducing behaviors.
- Restoring breached trust.
- Building capacity for trust.
- Personal influence and political savvy.
- Negotiating agreement.

## Unit 5:

### How a Leader Fosters a Leadership Environment:

- Mind and action focus.
- The alliance mindset.
- Developing the Win-Win Solution.
- Tips on improving performance.
- Strategies for Fostering Leadership.
- Leadership knowledge check and Essential leadership qualities.
- Success questions and Action steps to take.

## Unit 6:

### Creating and Implementing a Leadership Communication Strategy:

- The leader as a Visionary.
- The Power of Creative Vision.
- The Leader's influence on culture.
- How a leader facilitates the path to a culture.
- Implementing a leadership communication approach.

- Models of best-run visionary companies.

## Unit 7:

### How Effective Leaders Control their "Inner Power":

- Guide to knowing your leadership strengths.
- How leaders use their emotional intelligence.
- Understanding the leaders base of power.
- Understanding "Spiritual Capital".
- Leaders Influence on people - employees, peers, and senior managers.
- Managing your body and mind effectively.

## Unit 8:

### How a Leader Develops People:

- Secrets to involve others.
- Best practices of effective mentors and coaches.
- The motivating leader.
- The need for achievement, power and affiliation.
- Expectancy theory and motivation.
- How a leader creates an environment for self-motivation.

## Unit 9:

### How a Leader Uses Resources More Effectively:

- Best practices to effectively delegate.
- The benefits of delegation.
- The barriers to delegation.
- Delegation Vs Empowerment.
- Creating the climate for empowerment.
- Using goal setting, time management, planning and prioritizing.

## Unit 10:

### How a Leader Builds an Innovative Culture:

- The leader as a creative thinker.
- Building a culture of innovation and new ideas.
- Challenging self-imposed assumptions.
- Putting best practices into practice.
- Case study: Uniquely driven.
- Guide to building a personal leadership plan.